

South African Powerlifting Federation
South African Bench Press Champoinship, South Africa, Pretoria, 26.10.2013

SCORESHEET

PL.	Name	BY	Nation	Weight	WF	Lot	1 Att.	2 Att.	3 Att.	RESULT	W.pts.	Pts.
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Subjuniors

- 52 kg

1	Dinku Refiwe	1997	NC	48.80	1.3083	1	45.0	45.0	50.0	45.0	58.87	12
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- 84 kg

1	Mdluli Thembela	1996	G	84.00	0.8917	2	35.0	45.0	50.0	50.0	44.58	12
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Nation (points)

1	Noord Kaap	12	[12]	58.87 w.pts.
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2	Gauteng	12	[12]	44.58 w.pts.
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Best Lifters of Subjuniors

PL.	Lifter	Nation	B.Weight	WF	Result	W. points
1	Dinku Refiwe	Noord Kaap	48.80	1.3083	45.0	58.87
2	Mdluli Thembela	Gauteng	84.00	0.8917	50.0	44.58

Seniors

- 57 kg

—	Stierman Chantal	1986	NC	0.00	2.3336	2	-	-	-	—	Out	—	—
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Nation (points)

—	Noord Kaap	—		
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Best Lifters of Seniors

PL.	Lifter	Nation	B.Weight	WF	Result	W. points
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Masters 1

- 84 kg

1	Kruger Janita	1967	G	83.80	0.8928	2	60.0	65.0	67.5	60.0	53.56	12
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Nation (points)

1	Gauteng	12	[12]	53.57 w.pts.
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Best Lifters of Masters 1

PL.	Lifter	Nation	B.Weight	WF	Result	W. points
1	Kruger Janita	Gauteng	83.80	0.8928	60.0	53.56

Masters 2**- 47 kg**

1	Coleman Liliana	1963	WP	46.50	1.3553	3	50.0	55.0 n2	57.5 n2	57.5	77.92	12
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Nation (points)

1	Western Province	12	[12]	77.93 w.pts.
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Best Lifters of Masters 2

PL.	Lifter	Nation	B.Weight	WF	Result	W. points
1	Coleman Liliana	Western Province	46.50	1.3553	57.5	77.92

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

G = Gauteng

WP = Western Province

NC = Noord Kaap