

Badge	M / W	Lot	Class	BW	Name	Nation Province	SQUAT			SQ Result	BENCH PRESS			BP Result	Sub. Tot.	DEADLIFT			DL Result	Tot. Result	Wilks Points	Place			
							1.	2.	3.		1.	2.	3.			1.	2.	3.							
Yellow	M	1	59-S-S/J-	57.95	Chris Thackwray	Gauteng					50.0	55.0	57.5	55.0	55.0					55.0	48.41				
Yellow	M	2	66-S-J	64.60	Devon Mclean	Gauteng					70.0	75.0	80.0	75.0	75.0					75.0	59.95				
Yellow	M	3	74-S-S/J-	66.45	Devon Sarkis	Gauteng					80.0	80.0	87.5	80.0	80.0					80.0	62.43				
Yellow	M	4	59-S-S/J-	57.30	Amogelang Maduma	N Cornersto					50.0	60.0	60.0	50.0	50.0					50.0	44.52				
Green	M	5	74-S-S/J-	72.85	Luke Routier	Gauteng					100.0	100.0	100.0	100.0	100.0					100.0	72.71				
Yellow	M	6	74--S	70.35	Gregory Dixon	Gauteng					70.0	77.5	82.5	77.5	77.5					77.5	57.82				
Yellow	M	7	66-S-S/J-	61.95	Kgahliso Tladi	Gauteng					60.0	70.0	75.0	70.0	70.0					70.0	57.97				
Orange	M	8	66-S-S/J-	60.00	Tshegofatso Dladla	Gauteng					60.0	75.0	82.5	82.5	82.5					82.5	70.36				
Yellow	W	9																							
Yellow	W	10																							
Yellow	W	11																							
Yellow	W	12																							
Yellow	W	13																							
Yellow	W	14																							
Yellow	W	15																							

Lifter on the Platform

Flight 1
Gauteng Bench Press Championships 2013
31/08/2013

 = SA Official Record

 = SA Unofficial Record

Side Referee _____

Chief Referee _____

Badge	M / W	Lot	Class	BW	Name	Nation Province	SQUAT			SQ Result	BENCH PRESS			BP Result	Sub. Tot.	DEADLIFT			DL Result	Tot. Result	Wilks Points	Place			
							1.	2.	3.		1.	2.	3.			1.	2.	3.							
Orange	M	9	83--S	81.60	Dusan Babich	Gauteng					95.0	102.5	110.0	102.5	102.5					102.5	69.13				
Orange	M	10	83-S-J	79.50	Eben Muller	Gauteng					100.0	110.0	110.0	100.0	100.0					100.0	68.54				
Bronze	M	11	83--S	77.90	Marlon Daniels	Gauteng					140.0	150.0	160.0	150.0	150.0					150.0	104.18				
Brown	M	12	83-S-J	79.35	Jean-Arthur Pretorius	Gauteng					120.0	127.5	132.5	132.5	132.5					132.5	90.90				
Yellow	W	13	84-S-S/J-	83.60	Thembela Mdluli	Gauteng					30.0	40.0	40.0	30.0	30.0					30.0	26.82				
Brown	W	14	57-S-M1	55.10	Antoinette Kriel	Gauteng					57.5	62.5	65.0	65.0	65.0					65.0	77.45				
# N/A	W	15	57--S	56.55	Rolane Prinsloo	Gauteng					60.0	65.0	65.0	-----	Disq					Disq					
Green	W	16	57-S-S/J-	56.50	Megan Leighton	Gauteng					45.0	50.0	52.5	52.5	52.5					52.5	61.34				
Yellow	W	9																							
Yellow	W	10																							
Yellow	W	11																							
Yellow	W	12																							
Yellow	W	13																							
Yellow	W	14																							
Yellow	W	15																							

Lifter on the Platform

Flight 2
Gauteng Bench Press Championships 2013
31/08/2013

 = SA Official Record

 = SA Unofficial Record

Side Referee _____

Chief Referee _____

Badge	M / W	Lot	Class	BW	Name	Nation Province	SQUAT			SQ Result	BENCH PRESS			BP Result	Sub. Tot.	DEADLIFT			DL Result	Tot. Result	Wilks Points	Place			
							1.	2.	3.		1.	2.	3.			1.	2.	3.							
Orange	W	1	72-S-M1	69.35	Michelle De Souza	Gauteng					60.0	65.0	65.0	60.0	60.0					60.0	60.05				
Yellow	W	2	84--S	74.70	Esther Caddy	Gauteng					55.0	60.0	60.0	60.0	60.0					60.0	57.18				
Yellow	M	3	93-S-S/J-	85.25	Cameron Nelson	Gauteng					60.0	67.5	75.0	67.5	67.5					67.5	44.35	1.			
Silver	M	4	93-S-M1	93.00	Pieter Erasmus	FS					160.0	170.0	190.0	170.0	170.0					170.0	106.79				
Yellow	M	5	93-S-S/J-	86.75	Michael Du Plessis	Gauteng					70.0	75.0	80.0	80.0	80.0					80.0	52.06				
Brown	M	6	93-S-J	90.30	Anton Engelbrecht	Gauteng					125.0	132.5	140.0	140.0	140.0					140.0	89.22				
Yellow	M	7	93-S-S/J-	91.70	Nikolas Mayers	Gauteng					75.0	77.5	85.0	85.0	85.0					85.0	53.76				
Orange	M	8	93-S-M1	91.75	Nicholas Ingel	Gauteng					100.0	110.0	115.0	115.0	115.0					115.0	72.69				
Green	M	9	93-S-M2	89.95	Cedric Saffy	Gauteng					120.0	127.5	127.5	120.0	120.0					120.0	76.61				
Yellow	M	10	93-S-M1	84.55	Tim Thackwray	Gauteng					92.5	100.0	100.0	92.5	92.5					92.5	61.06				
Green	M	11	93-S-J	84.30	Ramon Saffy	Gauteng					115.0	125.0	132.5	125.0	125.0					125.0	82.69				
Yellow	W	12																							
Yellow	W	13																							
Yellow	W	14																							
Yellow	W	15																							

Lifter on the Platform

Flight 3
Gauteng Bench Press Championships 2013
31/08/2013

 = SA Official Record

 = SA Unofficial Record

Side Referee _____

Chief Referee _____

Badge	M / W	Lot	Class	BW	Name	Nation Province	SQUAT				BENCH PRESS				Sub.	DEADLIFT				Tot. Result	Wilks Points	Place			
							1.	2.	3.	Result	1.	2.	3.	Result		1.	2.	3.	Result						
Yellow	M	12	105--S	95.10	Stuart Mc Iver	Gauteng					97.5	107.5	117.5	107.5	107.5					107.5	66.83				
Green	M	14	105-S-S/J-	103.50	Robert Kennedy	Gauteng					125.0	135.0	135.0	125.0	125.0					125.0	75.08				
Yellow	M	13	105-S-S/J-	96.50	Jonathan Du Plessis	Gauteng					95.0	105.0	105.0	105.0	105.0					105.0	64.86				
Orange	M	15	105-S-J	100.80	Clyde Keevy	Gauteng					115.0			115.0	115.0					115.0	69.77				
Yellow	M	16	105--S	102.15	Jaco Botha	Gauteng					140.0	152.5	160.0												
Blue	M	17	105-S-M3	97.95	Ado Krige	GN					120.0	130.0	135.0	135.0	135.0					135.0	82.84	1.			
Green	M	18	105-S-J	97.25	Wessel Rossouw	Gauteng					115.0	125.0	130.0	130.0	130.0					130.0	80.02	1.			
Yellow	M	19	105-S-M1	96.20	Kayle Ramathan	Gauteng					90.0	100.0	105.0	105.0	105.0					105.0	64.95				
Green	M	20	105-S-J	102.30	Kyle Noonan	Gauteng					120.0	130.0	140.0	130.0	130.0					130.0	78.42				
Brown	M	21	105--S	103.70	Shaun Roos	GN					135.0	142.5	147.5	147.5	147.5					147.5	88.53				
Black	M	22	105--S	94.55	David Hatton-Jones	Gauteng					145.0	155.0	160.0	160.0	160.0					160.0	99.71				
Yellow	M	23	120-S-M1	105.45	Nick Tatalias	Gauteng					95.0	102.5	110.0	102.5	102.5					102.5	61.15	1.			
Yellow	M	24	120-S-S/J-	116.40	Liam Schultz	Gauteng					80.0	87.5	92.5	87.5	87.5					87.5	50.68				
Bronze	M	25	120+-S-J	129.15	Juan Booyse	Gauteng					175.0	185.0		185.0	185.0					185.0	104.75				
Yellow	W	15																							

Lifter on the Platform

Flight 4
Gauteng Bench Press Championships 2013
31/08/2013

 = SA Official Record

 = SA Unofficial Record

Side Referee _____

Chief Referee _____

Badge	M / W	Lot	Class	BW	Name	Nation Province	SQUAT			SQ Result	BENCH PRESS			BP Result	Sub. Tot.	DEADLIFT			DL Result	Tot. Result	Wilks Points	Place			
							1.	2.	3.		1.	2.	3.			1.	2.	3.							
Green	W	1	84--S	75.00	Esther Caddy	Gauteng					65.0	70.0	75.0	70.0	70.0					70.0	66.54				
Black	W	2	72-S-M1	69.30	Michelle De Souza	Gauteng					72.5	77.5	82.5	82.5	82.5					82.5	82.65				
Orange	M	3	66-S-S/J-	65.50	Kgahliso Thladi	Gauteng					70.0	80.0	87.5	80.0	80.0					80.0	63.21				
Green	M	4	74-S-S/J-	71.10	Tshegofatso Dladla	Gauteng					87.5	95.0	100.0	100.0	100.0					100.0	74.06	1.			
Silver	M	5	93--S	90.50	David Jacobsz	Gauteng					160.0	170.0	175.0	175.0	175.0					175.0	111.41				
Black	M	6	93-S-J	90.35	Anton Engelbrecht	Gauteng					140.0	150.0	155.0	155.0	155.0					155.0	98.74				
# N/A	M	7	105--S	94.00	David Hatton-Jones	Gauteng					100.0	105.0	100.0	-----	Disq					Disq					
Bronze	M	8	105-S-M1	99.30	Mark Phillips	Gauteng					165.0	175.0	180.0	175.0	175.0					175.0	106.80				
Brown	M	9	105-S-J	97.55	Wessel Rossouw	Gauteng					140.0	150.0	160.0	150.0	150.0					150.0	92.21				
Black	M	10	105--S	104.85	Shaun Roos	GN					150.0	160.0	165.0	165.0	165.0					165.0	98.64				
Gold	M	11	120+-S-M1	126.65	Ian Furman	Gauteng					200.0	210.0	220.0	210.0	210.0					210.0	119.34				
Elite 4	M	12	120+-S-J	129.30	Juan Booyse	Gauteng					260.0	280.0	265.0	260.0	260.0					260.0	147.19				
Yellow	W	13																							
Yellow	W	14																							
Yellow	W	15																							

Lifter on the Platform

Flight 5
Gauteng Equipped Bench Press Championships 2013
31/08/2013

 = SA Official Record

 = SA Unofficial Record

Side Referee _____

Chief Referee _____