SAPF Championships

Powerlifting					Benchpress			
Equipped				Unequipped	Equipped			Unequipped
SA Champs	SA Secondaries	Inland Inter-Provincials	Coastal Inter-Provincials	SA Champs	SA Champs	Inland Inter-Provincials	Coastal Inter-Provincials	SA Champs
				2013				2013
2012		2012	2012	2012	2012	2012	2012	2012
2011		2011	2011		2011	2011	2011	2011
2010		2010	2010		2010	2010	2010	2010
2009		2009	2009		2009	2009	2009	2009
								2008