

WOMENS OVERALL RESULTS SA POWERLIFTING CHAMPIONSHIPS - 22/06/2012												77			
M / W	BW	Name	Nation Province	Tot. Result	Wilks Points	Badge	Category	Date of Birth	Age Category	Power Place	Team Points		Total		
													Team Points		
W	46.6	Tiffany Petrus	EP	210	284.17	Blue	47	13/12/1995	S/J	1.	12				
W	48.5	Alushka September	EP	227.5	299.0033	Blue	52	02/01/1995	S/J	1.	12		WP		
W	51.8	Molebogeng Letlole	G	105	131.292	Yellow	52	06/06/1998	S/J	2.	9		EC		
W	51.8	Gillian Smith	EP	282.5	353.24	Black	52	01/12/1968	S	1.	12		Gauteng		
W	51	Elisabeth Barry	EP	265	335.33	Black	52	28/03/1973	S	2.	9		NW		
W	51.8	Gillian Smith	EP	282.5	353.24	Black	52	01/12/1968	M1	1.	12		KZN		
W	52.8	Marianka Gerber	EP	220	271.04	Orange	57	31/10/1997	S/J	1.	12		FS		
W	55.1	Megan Leighton	G	200	238.32	Orange	57	15/01/1996	S/J	2.	9				
W	56.2	Liennete Madonsela	G	145	170.1285	Yellow	57	11/09/1996	S/J	3.	8		BEST LIFTERS		
W	57	Hesterki Range	WP	345	400.338	Silver	57	24/07/1967	M1	1.	12		<u>Women</u>		
W	56.7	Lizette Steyn	G	337.5	393.255	Silver	57	15/02/1968	M1	2.	9		S/J		
W	63	Michelle De Souza	G	392.5	421.545	Gold	63	21/02/1966	S	1.	12		J		
W	61.4	Ilze-Mari Maritz	EP	340	372.368	Bronze	63	21/05/1988	S	2.	9		S		
W	63	Michelle De Souza	G	392.5	421.545	Gold	63	21/02/1966	M1	1.	12		M1		
W	65.7	Candice Nxawe	EP	195	202.956	Yellow	72	03/01/1995	S/J	1.	12		M2		
W	72	Natalie Mohr	WP	Disq		#N/A	72	23/12/1989	S	0.	0		M3		
W	71.6	Bonita Hein	WP	Disq		#N/A	72	05/08/1970	S	0.	0				
W	71.9	Esther Caddy	G	280	273.532	Green	72	22/06/1990	S	1.	12				
W	71.6	Bonita Hein	WP	Disq		#N/A	72	05/08/1970	M1	0.	0				
W	72	Natalie Mohr	WP	Disq		#N/A	72	23/12/1989	J	0.	0				
W	71.9	Esther Caddy	G	280	273.532	Green	72	22/06/1990	J	1.	12				
W	63.7	Valeska Mbatha	G	255	271.575	Orange	72	06/08/1993	J	2.	9				
W	81.6	Michelle Dolphin	G	350	316.82	Blue	84	18/12/1984	S	1.	12				

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M	58.3	Marcel Vorster	G	400	350.36	Blue	59	20/12/1994	S/J	1.
M	57.5	Thembanani Makubalo	G	385	341.65	Blue	59	04/01/1994	S/J	2.
M	55.9	Kgahliso Thladi	G	325	296.37	Orange	59	27/04/1997	S/J	3.
M	54.4	Sean Brokenshire	WP	465	435.66	Black	59	12/08/1987	S	1.
M	55.9	Shahil Sukuram	EP	397.5	362.48	Blue	59	09/10/1987	S	2.
M	57.2	Clint Williams	NW	405	361.22	Blue	59	16/11/1992	J	1.
M	56.3	Thapelo Morekwena	G	282.5	255.83	Yellow	59	17/08/1992	J	2.
M	59.7	Percy Ntsotjo	NW	Disq		#N/A	66	04/01/1994	S/J	0.
M	64.5	Heindrich Snyman	EP	307.5	246.12	Yellow	66	14/05/1994	S/J	1.
M	62.3	Bonolo Lizwe	NC	300	247.38	Yellow	66	07/08/1995	S/J	2.
M	63.9	Delaino-Joe Barkhuizen	EP	290	233.94	Yellow	66	29/05/1994	S/J	3.
M	66	Jacobus Phalatsi	NW	540	424.01	Bronze	66	19/11/1981	S	1.
M	64.2	Remi Fredericks	WP	527.5	423.85	Bronze	66	16/08/1985	S	2.
M	60.9	Arnold Vermeulen	WP	Disq		#N/A	66	19/09/1993	J	0.
M	64.7	Bernard Moloko	G	Disq		#N/A	66	07/02/1993	J	0.
M	65.7	Thabang Mpe	G	Disq		#N/A	66	29/06/1990	J	0.
M	65.3	Stuart Murchie	G	550	435.71	Bronze	66	02/07/1991	J	1.
M	66	Christopher Bruce	WP	525	412.23	Black	66	09/02/1991	J	2.
M	66	Michael Botha	FS	462.5	363.16	Brown	66	07/08/1989	J	3.
M	60	Phomelelo Phasha	G	320	272.93	Yellow	66	12/12/1993	J	4.
M	70.9	Umar Pregnolato	WP	477.5	354.40	Blue	74	14/05/1994	S/J	1.
M	72.9	Willem Parker	G	467.5	339.92	Blue	74	17/04/1994	S/J	2.
M	73.5	Ethan Ledimo	FS	390	281.89	Orange	74	01/12/1994	S/J	3.
M	71	Luke Routier	G	382.5	283.59	Orange	74	28/09/1996	S/J	4.
M	72.2	Tshepo Rapoo	NW	Disq		#N/A	74	16/03/1993	S	0.
M	71.3	Nick Stefanou	G	590	436.01	Bronze	74	20/04/1991	S	1.
M	71.3	Peter Lekopa	NW	550	406.45	Black	74	03/07/1984	S	2.
M	72.8	Michael Wilkes	G	532.5	387.55	Black	74	13/06/1984	S	3.
M	71.9	Dan Oppenheim	G	485	356.23	Blue	74	30/06/1945	S	4.
M	71.9	Dan Oppenheim	G	485	356.23	Blue	74	30/06/1945	M3	1.
M	74	David Quatse	NW	510	366.84	Brown	74	08/07/1962	M2	1.
M	72.2	Tshepo Rapoo	NW	Disq		#N/A	74	16/03/1993	J	0.
M	70	Japhta Khalapa	NW	Disq		#N/A	74	02/06/1992	J	0.
M	71.3	Nick Stefanou	G	590	436.01	Bronze	74	20/04/1991	J	1.
M	72	Wonga Jola	EP	567.5	416.37	Black	74	05/04/1992	J	2.
M	70.9	Umar Pregnolato	WP	477.5	354.40	Blue	74	14/05/1994	J	3.
M	70.3	Tshepo Malefane	EP	387.5	289.42	Orange	74	20/02/1993	J	4.

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M	80.7	Wilhelm Pistorius	NW	Disq		#N/A	83	17/06/1995	S/J	0.
M	80.7	Aasif Ismail	G	435	295.37	Orange	83	17/01/1995	S/J	1.
M	79.4	Heinrich van Tonder	EP	417.5	286.41	Yellow	83	08/06/1995	S/J	2.
M	81.6	Jeandre Grobler	EP	360	242.78	Yellow	83	11/07/1994	S/J	3.
M	79.3	Thabiso Mthembu	G	250	171.63	Yellow	83	08/09/1996	S/J	4.
M	76.3	Jabulani Phantile	NW	600	422.52	Black	83	14/01/1991	S	1.
M	78.4	Albert De Bondt	G	550	380.38	Brown	83	08/06/1987	S	2.
M	77.7	Kobus Bester	G	525	365.24	Blue	83	28/03/1978	S	3.
M	78.3	Emmanuel Senaya	WP	495	342.64	Green	83	04/11/1982	S	4.
M	76.3	Jabulani Phantile	NW	600	422.52	Black	83	14/01/1991	J	1.
M	74.6	Keke Makuta	FS	550	393.36	Brown	83	27/06/1993	J	2.
M	75	David van Coller	G	412.5	293.95	Yellow	83	09/11/1990	J	3.
M	90.2	Christian Venter	EP	530	337.98	Blue	93	17/01/1994	S/J	1.
M	88.2	Piet Booysen	NC	370	238.69	Yellow	93	01/08/1995	S/J	2.
M	89.3	David Hatton-Jones	G	Disq		#N/A	93	20/04/1988	S	0.
M	90.6	Etienne Potgieter	G	772.5	491.54	Gold	93	21/01/1986	S	1.
M	92.2	Mark Phillips	G	695	438.41	Bronze	93	04/05/1968	S	2.
M	90.1	Benjamin Coetsee	WP	670	427.46	Bronze	93	25/07/1989	S	3.
M	88.5	Dawid Diakowski	G	637.5	410.55	Black	93	22/08/1990	S	5.
M	87.7	Gavin Stander	EP	637.5	412.53	Black	93	11/04/1984	S	4.
M	91.3	Sarel Gadney	G	615	389.79	Brown	93	24/03/1987	S	6.
M	90.8	Danie Smith	FS	610	387.72	Brown	93	03/07/1991	S	7.
M	92.9	Robert Huff	G	525	329.96	Green	93	10/12/1952	S	8.
M	92.9	Robert Huff	G	525	329.96	Green	93	10/12/1952	M3	1.
M	92.2	Mark Phillips	G	695	438.41	Bronze	93	04/05/1968	M1	1.
M	85.2	Donald Julius	WP	600	394.50	Brown	93	15/09/1963	M1	2.
M	90.1	Christo Jordaan	EP	520	331.76	Green	93	22/01/1967	M1	3.
M	90.1	Benjamin Coetsee	WP	670	427.46	Bronze	93	25/07/1989	J	1.
M	88.5	Dawid Diakowski	G	637.5	410.55	Black	93	22/08/1990	J	2.
M	90.8	Danie Smith	FS	610	387.72	Brown	93	03/07/1991	J	3.
M	90.1	Henmar Ebersohn	G	550	350.90	Blue	93	16/04/1993	J	4.
M	86.2	Marvin Mpe	G	460	300.47	Orange	93	26/11/1993	J	5.
M	105	Liam Schultz	G	452.5	270.41	Yellow	105	16/05/1997	S/J	1.
M	101.8	Schalk Wolfaard	NC	447.5	270.47	Yellow	105	19/12/1994	S/J	2.
M	96.1	Dumisani Dlamini	G	440	272.27	Yellow	105	23/02/1994	S/J	3.
M	103.3	Marnus Jurrius	FS	Disq		#N/A	105	30/04/1986	S	0.
M	99.2	Johan Smith	NW	827.5	505.27	Gold	105	02/12/1991	S	1.

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M	100.8	Mohammed-Raees Dangor	G	702.5	426.21	Bronze	105	07/04/1991	S	2.
M	97	Duane Hall	FS	640	394.43	Brown	105	29/08/1986	S	3.
M	95.2	Peter Seleka	NW	600	372.84	Blue	105	07/12/1975	S	4.
M	94.4	Sidney Ramosoeu	NW	435	271.35	Yellow	105	26/05/1980	S	5.
M	101.1	Theuns Naude	NW	430	260.58	Yellow	105	09/01/1944	M3	1.
M	100.6	Jorncy Page	G	670	406.76	Black	105	25/09/1972	M1	1.
M	99.2	Johan Smith	NW	827.5	505.27	Gold	105	02/12/1991	J	1.
M	100.8	Mohammed-Raees Dangor	G	702.5	426.21	Bronze	105	07/04/1991	J	2.
M	98.3	Oarabile Phatudi	G	575	352.42	Blue	105	03/08/1991	J	3.
M	98.8	Jeffrey Cook	G	575	351.67	Blue	105	11/09/1992	J	4.
M	101.6	Thiagan Padayachy	NC	550	332.64	Green	105	31/01/1989	J	5.
M	106.3	Sammy Randa	G	500	297.50	Orange	120	07/02/1994	S/J	1.
M	112.1	Benedict Bucarizza	G	Disq		#N/A	120	02/08/1991	S	0.
M	118.6	William Ainslie	G	Disq		#N/A	120	02/08/1979	S	0.
M	112.8	Dan Hurlin	G	Disq	Disq	Gold	120	07/10/1986	S	0.
M	115.3	Ricardo Barreto	FS	742.5	431.10	Bronze	120	15/03/1991	S	1.
M	118.8	Juan Booyse	G	680	391.88	Brown	120	14/03/1990	S	2.
M	112	Jan Kruger	G	675	395.08	Brown	120	14/01/1964	S	3.
M	108.3	Andre Ludik	EP	Disq		#N/A	120	30/06/1957	M2	0.
M	109.9	Mathew Cosmo	G	740	435.64	Bronze	120	12/01/1971	M1	1.
M	112	Jan Kruger	G	675	395.08	Brown	120	14/01/1964	M1	2.
M	112.1	Benedict Bucarizza	G	Disq		#N/A	120	02/08/1991	J	0.
M	115.3	Ricardo Barreto	FS	742.5	431.10	Bronze	120	15/03/1991	J	1.
M	118.8	Juan Booyse	G	680	391.88	Brown	120	14/03/1990	J	2.
M	141	Eugene Nolan	EP	752.5	420.05	Bronze	120+	06/09/1989	S	1.
M	121.5	Willy Johnston-Robertson	G	610	349.71	Blue	120+	19/11/1957	M2	1.
M	174.2	Arno Lambrechts	G	900	486.90	Elite 1	120+	18/10/1970	M1	1.
M	141	Eugene Nolan	EP	752.5	420.05	Bronze	120+	06/09/1989	J	1.