

SA Powerlifting Federation
RAW QUALIFYING COMP, St Stithians HPC, 14.2.2015
DETAILED SCORESHEET - MEN

PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat				All Bench press				All Dead lift				TOTAL	W.pts.	Pts.
Open																					
- 66 kg																					
1	Tovi Donninger	1998	G	63.85	0.8073	1	100.0	110.0	-120.0	2	72.5	80.0	82.5	1	132.5	152.5	162.5	1	355.0	286.59	12
2	Damon Fine	1995	G	59.95	0.8542	2	100.0	110.0	-115.0	1	-75.0	75.0	80.0	2	110.0	120.0	132.5	2	322.5	275.48	9
- 74 kg																					
1	Dylan Treges	1990	G	70.50	0.7453	3	150.0	-160.0	160.0	1	110.0	120.0	-130.0	1	190.0	-200.0	-200.0	1	470.0	350.29	12
2	Ray Norman	1986	G	73.05	0.7264	4	130.0	135.0	140.0	2	-120.0	120.0	-130.0	2	180.0	-200.0	-200.0	2	440.0	319.62	9
3	Elan Donninger	1999	G	71.75	0.7360	5	120.0	132.5	137.5	3	80.0	87.5	92.5	3	130.0	150.0	160.0	4	390.0	287.04	8
4	Yunus Hassen		G	72.55	0.7300	6	90.0	100.0	115.0	4	50.0	60.0	X	4	150.0	160.0	172.5	3	347.5	253.68	7
5	Mark Fairlamb	1988	G	71.75	0.7360	7	-155.0	-155.0	-155.0		X	X	X		X	X	X		0.0	0.00	6
- 83 kg																					
1	Caylen Cane	1992	G	74.95	0.7132	8	140.0	155.0	170.0	1	90.0	100.0	-110.0	2	190.0	210.0	-230.0	1	480.0	342.34	12
2	Shau Mafuna	1993	G	75.30	0.7112	10	110.0	-135.0	135.0	2	100.0	107.5	112.5	1	160.0	177.5	185.0	3	432.5	307.59	8
3	Patrick Banda		G	80.40	0.6811	9	100.0	110.0	-115.0	3	50.0	60.0	65.0	3	190.0	210.0	-217.5	2	385.0	262.22	9
- 93 kg																					
1	Graham Green	1978	G	93.00	0.6282	11	175.0	195.0	200.0	1	135.0	142.5	-145.0	2	-240.0	250.0	257.5	1	600.0	376.92	12
2	Craig Masson	1982	G	92.50	0.6298	12	170.0	-190.0	-190.0	2	130.0	150.0	-160.0	1	200.0	240.0	-260.0	2	560.0	352.69	9
3	Andrew Gearing	1975	G	88.95	0.6424	13	120.0	140.0	160.0	3	120.0	140.0	-160.0	3	120.0	140.0	180.0	6	480.0	308.35	8
4	Brendon O'Shea	1983	G	87.70	0.6471	14	135.0	155.0	-165.0	4	110.0	117.5	-122.5	4	190.0	-210.0	-210.0	3	462.5	299.28	7
5	Patrick Casey	1973	G	93.00	0.6282	15	110.0	130.0	140.0	5	85.0	90.0	-95.0	6	170.0	180.0	190.0	5	420.0	263.84	6
6	Zander Worst	1995	G	91.70	0.6325	16	-130.0	-130.0	-130.0		-100.0	-100.0	100.0	5	-175.0	190.0	-200.0	4	0.0	0.00	5
- 105 kg																					
1	William Ainslie	1979	G	104.70	0.5982	1	170.0	180.0	190.0	1	130.0	140.0	150.0	2	180.0	200.0	-220.0	4	540.0	323.03	12
2	Michael Spinks	1982	G	102.00	0.6039	2	150.0	160.0	165.0	4	140.0	150.0	155.0	1	180.0	200.0	-205.0	3	520.0	314.03	9
3	Adrian Smith	1995	G	94.70	0.6229	3	160.0	-170.0	170.0	2	110.0	120.0	-135.0	3	200.0	210.0	-215.0	1	500.0	311.45	8
4	Gary Meyer		G	103.40	0.6009	4	140.0	155.0	165.0	3	100.0	110.0	-115.0	6	150.0	160.0	170.0	7	445.0	267.40	7
5	Nicolas Ingel	1971	G	95.85	0.6197	5	100.0	120.0	125.0	5	117.5	-125.0	-125.0	5	120.0	150.0	180.0	6	422.5	261.82	6
6	Eric Kobal	1957	G	97.50	0.6150	6	-110.0	110.0	-120.0	6	-100.0	100.0	105.0	7	170.0	195.0	-217.5	5	410.0	252.15	5
7	Calvin Fourie	2000	G	103.40	0.6009	7	-60.0	60.0	70.0	7	40.0	45.0	-50.0	8	95.0	115.0	125.0	8	240.0	144.22	4
8	Ruan Retief	1979	G	101.75	0.6046	8	-190.0	-200.0	-200.0		110.0	-120.0	120.0	4	200.0	-230.0	-230.0	2	0.0	0.00	3
	Mark Philips (Equipped)	M1	G	100.15	0.6083	9	180.0	240.0	260.0		185.0	195.0	200.0		220.0	240.0	260.0		720.0	437.98	
- 120 kg																					
1.	Kyle Noonan	1990	G	117.80	0.5775	10	220.0	240.0	-255.0	1	170.0	175.0	-180.0	1	300.0	320.0	-322.5	1	735.0	424.46	12
- 120+ kg																					
1.	Liam Schultz	1997	G	122.05	0.5728	11	-200.0	200.0	217.5	1	85.0	90.0	-95.0	1	200.0	220.0	235.0	1	542.5	310.74	12

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PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat				All Bench press				All Dead lift				TOTAL	W.pts.	Pts.
Open																					
- 52 kg																					
1	Giulia Muto	1987	G	49.50	1.2955	1	90.0	100.0	105.0	1	45.0	50.0	-52.5	1	100.0	115.0	117.5	1	272.5	353.02	12
2	Mariska Casey	1979	G	47.50	1.3346	2	85.0	90.0	-95.0	2	45.0	-47.5	-47.5	2	-110.0	110.0	-125.0	2	245.0	326.98	9
- 57 kg																					
1	Sasha Payne	1995	G	55.10	1.1916	3	-70.0	70.0	-75.0	1	40.0	45.0	-50.0	1	90.0	100.0	105.0	1	220.0	262.15	12
- 63 kg																					
1	Megan Leighton	1996	G	57.25	1.1572	4	80.0	90.0	-100.0	1	52.5	57.5	-60.0	1	115.0	-122.5	X	1	262.5	303.77	12
2	Ronel Reyneke	1969	G	60.80	1.1049	5	80.0	90.0	97.5	1	50.0	-55.0	-55.0	2	100.0	115.0	-120.0	2	262.5	290.04	9
3	Candice Firmani	1967	G	62.05	1.0871	6	70.0	80.0	87.5	4	40.0	45.0	-50.0	3	90.0	100.0	-107.5	3	232.5	252.75	8
3	Claire Pacariz	1977	G	62.15	1.0858	7	70.0	80.0	90.0	3	40.0	-45.0	-45.0	4	95.0	-105.0	-105.0	4	225.0	244.31	7
- 72 kg																					
1	Danel van Jaarsveld	1977	G	64.45	1.0564	8	110.0	120.0	130.0	1	80.0	-85.0	-85.0	1	150.0	160.0	X	1	370.0	390.87	12
2	Tia McDougall	1984	G	70.55	0.9900	9	90.0	97.5	105.0	2	50.0	55.0	60.0	2	100.0	110.0	120.0	3	285.0	282.15	9
3	Sarah Ezzideen	1987	G	65.45	1.0444	10	75.0	85.0	95.0	3	50.0	55.0	-60.0	3	120.0	-130.0	130.0	2	280.0	292.43	8
4	Carm Ingel	1975	G	65.40	1.0444	11	75.0	85.0	90.0	4	45.0	50.0	-52.5	4	97.5	105.0	-110.0	4	245.0	255.88	7
- 84 kg																					
1	Nicole Scott	1980	G	73.20	0.9655	12	90.0	100.0	110.0	1	50.0	-55.0	-62.5	2	120.0	135.0	150.0	1	310.0	299.31	12
2	Toni Firmani	1990	G	74.25	0.9571	13	80.0	95.0	100.0	2	60.0	-65.0	-65.0	1	110.0	120.0	130.0	2	290.0	277.56	9
3	Anneke Delport	1975	G	79.80	0.9163	14	-60.0	-60.0	60.0	3	35.0	-40.0	-40.0	3	80.0	-97.5	X	3	175.0	160.35	8